



Elizabeth "Beth" Breck Frank

February 2, 1973 - December 15, 2025

Elizabeth "Beth" Breck Frank, age 52, of Ringgold, Georgia, went home to be with the Lord on Sunday, December 15, 2025.

Beth grew up in Lexington, New York, where she enjoyed skiing, playing tennis, and playing soccer. However, her strong dislike for the cold eventually led her south, beginning school in Virginia Beach. She attended Virginia Wesleyan College, where she played both soccer and tennis, graduating in 1995.

Beth began her professional career in Norfolk, Virginia, working for Northwestern Mutual, a small group benefits company. During her time there, she worked her way to the top of a male-dominated industry through determination, intelligence, and unwavering confidence. Beth soared high in life and brought everyone around her with her. She was truly the life of the party, lighting up every room she walked into with her laughter, energy, and larger-than-life spirit.

In August of 1997, Beth married the love of her life, Anthony Frank Jr. Together they built a beautiful life and raised two children who were her greatest pride and joy. Their daughter, Lexi, was Beth's best friend, and she was endlessly proud of the woman Lexi has become. Their son, Breck, was the apple of her eye and the joy of her existence.

A memorial service will be held at 4:00 p.m. on Tuesday, December 30, 2025, at Pillar Church in Ringgold, Georgia with Pastor JD Pina Officiating. Online register book at www.wilsonfuneralhome.com. Arrangements by Wilson

Funeral Homes Wallis ~ Stewart Chapel, Ringgold, Georgia.

Previous Events

Memorial Service

DEC 30. 4:00 PM (ET)

Pillar Church
1020 Mt Vernon Road
Ringgold, GA 30736

Tribute Wall

CV

“ Anthony,

We were deeply saddened to learn of your wife’s passing. Please accept our heartfelt condolences during this difficult time. Words cannot fully express the sorrow you must be feeling, but I hope you find comfort in the love and support of those around you.

If there is anything we can do to assist you—whether personally or professionally—please do not hesitate to let us know. Our thoughts and prayers are with you and your family.

Cheryl, Jeff and Travis Vaughn

Cheryl Vaughn - January 05 at 11:57 AM

KG

“ *I’m so sorry for your loss. I knew Beth from the day she was born. Her parents had bought the house she grew up in from my grandparents. I remember her most as a little girl but had the privilege of reconnecting through Facebook. I know she will be missed. All of your family is in my prayers.*

Kathleen Griffin - January 02 at 04:04 PM



“ *I came across this on Facebook and clicked since she was so young. She sounds like an amazing woman! This was a beautiful tribute. Many prayers to your family and friends.*

Jennifer Lovell - December 30, 2025 at 02:49 AM